an insertion device operably coupled to the injection tube that dispenses the volume of tissue promoting material into the cavity in a piecemeal manner as a plurality of aliquots of the tissue promoting material.

- 5 2. The nuclear replacement of claim 1 wherein the tissue promoting material is selected from a group consisting of fibrous tissue promoting material, cartilaginous promoting material and any combination thereof.
- 3. The nuclear replacement of claim 1 wherein the tissue promoting material is a preparation of multilayered bands piled in a circular configuration.
 - 4. The nuclear replacement of claim 1 wherein the tissue promoting material is a preparation of tangled knots.
- 15 5. The nuclear replacement of claim 1 wherein the tissue promoting material is a preparation of multiple fabric bands.

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6. The nuclear replacement of claim 1 wherein the tissue promoting material is combined with hydrogel.

7. The nuclear replacement of claim 1 wherein the tissue promoting material is surrounded by a porous container.

8.— The nuclear replacement of claim 1 wherein the tissue promoting material is selected from a group consisting of: autograft, allograft, or xenograft of fascia, manmade polymeric fiber, talc, tissue promoting pharmaceuticals, tissue promoting minerals, tissue morphogenic protein, notochord cells and any combination thereof.

9. A system for semi-biologic nuclear replacement for a degenerated disc of a spine of a mammalian body comprising:

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an injection tube having a small diameter corresponding to a small entrance hole defined in the degenerated disc that is at least partially excavated to create a cavity;

a volume of strands of tissue promoting material combined with hydrogel strands sufficient to fill at least a portion of the cavity; and

an insertion device operably coupled to the injection tube that dispenses the volume of strands of tissue promoting material combined with strands of hydrogel into the cavity in a piecemeal manner as a plurality of aliquots of the tissue promoting material and hydrogel strands.

- 10. The nuclear replacement of claim 9 wherein the tissue promoting material is selected from a group consisting of fibrous tissue promoting material, cartilaginous promoting material and any combination thereof.
- 11. The nuclear replacement of claim 9 wherein the tissue promoting material is a preparation of multilayered bands piled in a circular configuration.

- 12. The nuclear replacement of claim 9 wherein the tissue promoting material is a preparation of tangled knots.
- 5 13. The nuclear replacement of claim 9 wherein the tissue promoting material is a preparation of multiple fabric bands.
 - 14. The nuclear replacement of claim 9 wherein the tissue promoting material is surrounded by a porous container.

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15. The nuclear replacement of claim 9 wherein the tissue promoting material is selected from a group comprising: autograft, allograft, or xenograft of fascia, autograft, manmade polymeric fiber, talc, tissue promoting pharmaceuticals, tissue promoting minerals, tissue morphogenic protein, notochord cells and any combination thereof.

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16. A system for semi-biologic nuclear replacement for a degenerated disc of a spine of a mammalian body comprising:

an injection tube having a small diameter corresponding to a small entrance hole defined in the degenerated disc that is at least partially excavated to create a cavity;

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at least one strand of pliable tissue promoting material having an effective crosssectional diameter less than the small diameter of the injection tube; the at least one strand of pliable tissue promoting material having a volume sufficient to fill at least a portion of the cavity; and

an insertion device operably coupled to the injection tube that dispenses a length of the pliable tissue promoting material into the cavity such that the at least one strand is folded so as to fill at least a portion of the cavity.

17. The nuclear replacement of claim 1 wherein the tissue promoting material is selected from a group consisting of fibrous tissue promoting material, cartilaginous promoting material and any combination thereof.

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- 18. The nuclear replacement of claim 16 wherein the tissue promoting material is a preparation of multilayered bands piled in a circular configuration.
- 19. The nuclear replacement of claim 16 wherein the tissue promoting material is a preparation of tangled knots.
 - 20. The nuclear replacement of claim 16 wherein the tissue promoting material is a preparation of multiple fabric bands.
- 20 21. The nuclear replacement of claim 16 wherein the tissue promoting material is combined with hydrogel.

- 22. The nuclear replacement of claim 16 wherein the tissue promoting material is surrounded by a porous container.
- 23. The nuclear replacement of claim 16 wherein the tissue promoting material is selected from a group comprising: autograft, allograft, or xenograft of fascia, autograft, manmade polymeric fiber, talc, tissue promoting pharmaceuticals, tissue promoting minerals, tissue morphogenic protein, notochord cells and any combination thereof.
- 24. A method of constructing a semi-biologic nuclear replacement for a degenerated disc of a
 spine of a mammalian body comprising:

boring a small entrance hole into the degenerated disc;

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creating a cavity by reaming the degenerated disc and at least partially removing a degenerated disc nucleus via the small entrance hole; and

inserting a plurality of pieces of tissue promoting material into the cavity to create the semi-biologic nuclear replacement for the degenerated disc by stimulating the tissue forming response in the mammalian body to the tissue promoting material.

- 25. The method of claim 24 wherein the tissue promoting material is selected from a group consisting of fibrous tissue promoting material, cartilaginous promoting material and any combination thereof.
- 26. The method of claim 24 wherein endplate cartilage is partially removed.

27. The method of claim 24 wherein endplate cartilage is retained.

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- 28. The method of claim 24 wherein portions of an outer annulus are removed.
- 29. The method of claim 24 wherein portions of an outer annulus are retained.
- 30. The method of claim 24 wherein the tissue promoting material is selected from a group comprising: autograft, allograft, or xenograft of fascia, manmade polymeric fiber, talc, tissue promoting pharmaceuticals, tissue promoting minerals, tissue morphogenic protein, notochord cells and any combination thereof.
 - 31. The method of claim 24 wherein the disc cavity surface is coated with a tissue promoting material.
 - 32. The method of claim 24 wherein the tissue promoting material is combined with hydrogel.
 - 33. The method of claim 24 further comprising:
- 20 inserting a porous container into the disc cavity;
 said porous container adapted for tissue promoting material insertion therein.

34. A method of constructing a semi-biologic nuclear replacement for a degenerated disc of a spine of a mammalian body comprising:

boring a small entrance hole into the degenerated disc;

creating a cavity by reaming the degenerated disc and at least partially removing a degenerated disc nucleus via the small entrance hole; and

inserting at least one strand of pliable tissue promoting material into the cavity such that a length of the at least one strand is folded within the cavity to create the semi-biologic nuclear replacement for the degenerated disc by stimulating the tissue forming response in the mammalian body to the tissue promoting material.

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- 35. The method of claim 34 wherein the tissue promoting material is selected from a group consisting of fibrous tissue promoting material, cartilaginous promoting material and any combination thereof.
- 15 36. The method of claim 34 wherein endplate cartilage is partially removed.
 - 37. The method of claim 34 wherein the endplate cartilage is retained.
 - 38. The method of claim 34 wherein portions of an outer annulus are removed.

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39. The method of claim 34 wherein an outer annulus is retained.

40. The method of claim 34 wherein the tissue promoting material is selected from a group consisting of: autograft, allograft, or xenograft of fascia lata, autograft, manmade polymeric fiber, talc, tissue promoting pharmaceuticals, tissue promoting minerals, tissue morphogenic protein, notochord cells, and any combination thereof.

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- 41. The method of claim 34 wherein the disc cavity surface is coated with a tissue promoting material.
- 42. The method of claim 34 wherein the tissue promoting material is combined with hydrogel.
 - 43. The method of claim 34 further comprising:
 inserting a porous container into the disc cavity;
 said porous container adpapted for tissue promoting material insertion therein.

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44. A method of constructing a semi-biologic nuclear replacement for a degenerated disc of a spine of a mammalian body comprising:

boring a small entrance hole into the degenerated disc; creating a cavity by reaming the degenerated disc and at least partially removing a degenerated disc nucleus via the small entrance hole; and

inserting a plurality of pieces of tissue promoting material combined with a plurality of pieces of hydrogel into the cavity to create the semi-biologic nuclear replacement for the degenerated disc

by stimulating the tissue forming response in the mammalian body to the tissue promoting material and hydrogel.

- 45. The nuclear replacement of claim 44 wherein the tissue promoting material is selected from a group consisting of fibrous tissue promoting material, cartilaginous promoting material and any combination thereof.
 - 46. The method of claim 44 wherein endplate cartilage is partially removed.
- 10 47. The method of claim 44 wherein the endplate cartilage is retained.
 - 48. The method of claim 44 wherein portions of an outer annulus are removed.
 - 49. The method of claim 44 wherein an outer annulus is retained.

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50. The method of claim 44 wherein the tissue promoting material is selected from a group consisting of: autograft, allograft, or xenograft of fascia lata, autograft, manmade polymeric fiber, talc, tissue promoting pharmaceuticals, tissue promoting minerals, tissue morphogenic protein, notochord cells, and any combination thereof.

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51. The method of claim 44 wherein the disc cavity surface is coated with a tissue promoting material.

52. The method of claim 44 further comprising:

inserting a porous container into the disc cavity;

said porous container adapted for tissue promoting material insertion therein.